

Our 2019-2024 strategic focus: Diving deeper into health

While there have been many efforts to improve quality in the health system in Saskatchewan, we are still seeing alarming trends related to mental health and substance use disorders and the significant health disparities between Indigenous Peoples and the non-Indigenous population. These trends point to the need to work and partner in new ways on social and economic factors that impact health. Broadening our focus and contributing our skills to address the factors that play a significant role in determining health will help us realize our vision of optimal health and care for everyone.

To accelerate change in these areas, in 2019, the Health Quality Council embarked on a new five-year Strategic Plan to focus on supporting First Nations and Métis health and wellness and child and youth mental health and wellness. Achieving our goals in these areas marks a journey that will continue beyond 2024, to continue to improve the quality of life for all Saskatchewan residents.

Enhancing First Nations and Métis Health and Wellness

Goal: Support First Nations and Métis communities to make sustainable improvements to enhance their health and wellness.

Through this strategic focus area, we will:

- Support First Nations and Métis communities in accessing and understanding their health data so they can make decisions to better meet their needs.
- Engage with communities to learn how the health system can better meet the needs of community members and how we can work together to address issues these communities are facing.
- Use our skills and expertise to contribute to the Truth and Reconciliation Commission Calls to Action.

Social Determinants of Health – Child and Youth Mental Health and Wellness

Goal: Improve services and collaboration in communities to address the social determinants of health to enable children, youth, and their families to lead healthy lives.

Through this strategic focus area, we will:

- Work with partners in both the community and government to accelerate ideas, build change, and inform decision makers.
- Use our skills in quality improvement to partner with human services and community-based organizations to optimize support for children, youth, and their families.
- Seek out innovations and best practices and bring these learnings back locally. We will look at how we can impact the circumstances that lead to a lower quality of life and prevention strategies.