#### **APPROPRIATENESS OF CARE**

"Better Care, Made Easier"



Network Meeting September 30, 2016



#### Clinical Quality Improvement

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September 30, 2016





#### **Session Overview**

- History of Quality Improvement Initiatives in Saskatchewan Healthcare
- Clinical Quality Improvement as an Application of the Scientific Method





#### Healthcare in Saskatchewan





#### **EXHIBIT ES-1. OVERALL RANKING**

COUNTRY RANKINGS  Top 2*  Middle  Bottom 2*	**					NK.	<del>  </del>		+		
DOLLOW E	AUS	CAN	FRA	GER	NETH	NZ	NOR	SWE	SWIZ	UK	US
OVERALL RANKING (2013)	4	10	9	5	5	7	7	3	2	1	11
Quality Care	2	9	8	7	5	4	11	10	3	1	5
Effective Care	4	7	9	6	5	2	11	10	8	1	3
Safe Care	3	10	2	6	7	9	11	5	4	1	7
Coordinated Care	4	8	9	10	5	2	7	11	3	1	6
Patient-Centered Care	5	8	10	7	3	6	11	9	2	1	4
Access	8	9	11	2	4	7	6	4	2	1	9
Cost-Related Problem	9	5	10	4	8	6	3	1	7	1	11
Timeliness of Care	6	11	10	4	2	7	8	9	1	3	5
Efficiency	4	10	8	9	7	3	4	2	6	1	11
Equity	5	9	7	4	8	10	6	1	2	2	11
Healthy Lives	4	8	1	7	5	9	6	2	3	10	11
Health Expenditures/Capita, 2011**	\$3,800	\$4,522	\$4,118	\$4,495	\$5,099	\$3,182	\$5,669	\$3,925	\$5,643	\$3,405	\$8,508

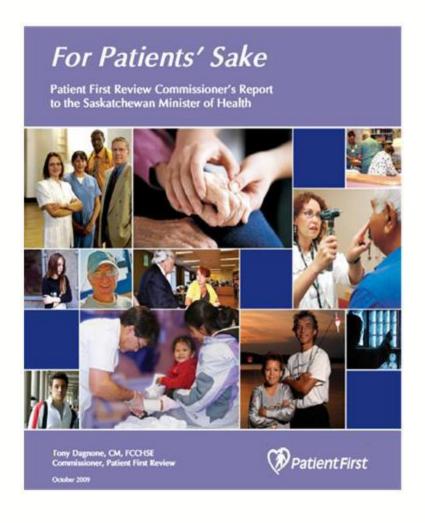
Notes: \* Includes ties. \*\* Expenditures shown in \$US PPP (purchasing power parity); Australian \$ data are from 2010.

Source: Calculated by The Commonwealth Fund based on 2011 International Health Policy Survey of Sicker Adults; 2012 International Health Policy Survey of Primary Care Physicians; 2013 International Health Policy Survey, Commonwealth Fund National Scorecard 2011; World Health Organization; and Organization for Economic Cooperation and Development, OECD Health Data, 2013 (Paris: OECD, Nov. 2013).





#### Patient First Review







### Quality Improvement Initiatives







Releasing Time to Care™



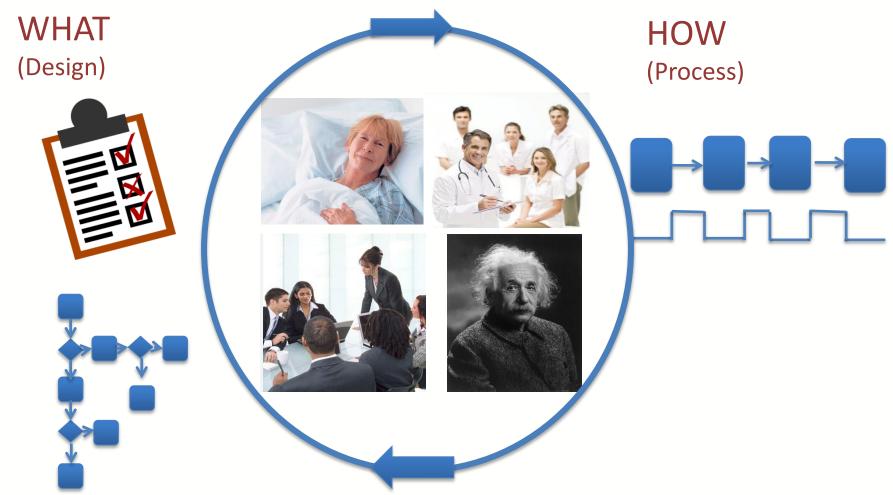
## Saskatchewan Health Care Management System







### Building a Rapid-Learning System in Saskatchewan Health Care



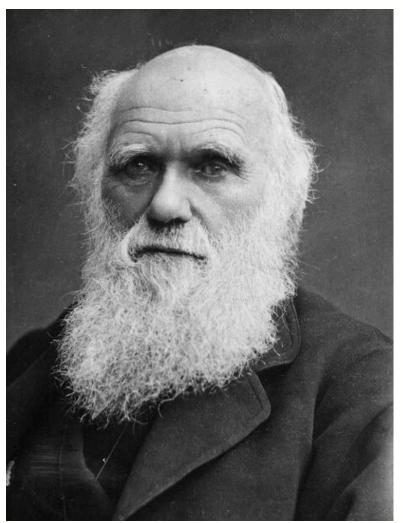


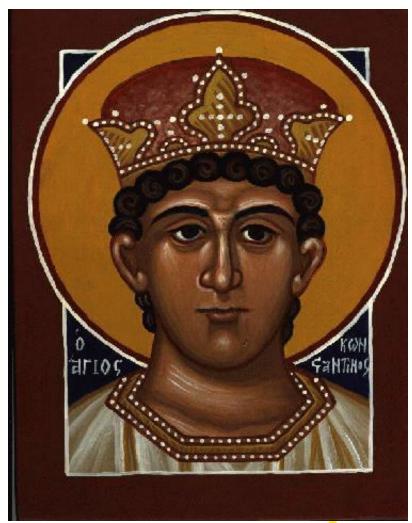






#### Variation – Friend or Foe



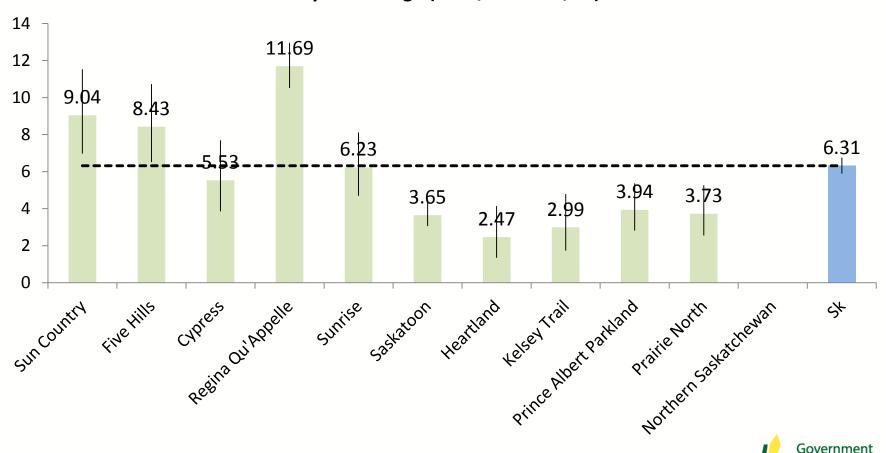






#### Example of Saskatchewan Variation

Excision Radical, Prostate
Rate per 10,000 population
5-year average (2008/09 -2012/13)





#### Variation & Inappropriate Care

#### **Choosing Wisely Canada Examples:**

- Treated blocked leg arteries, when you need a procedure and when you don't
- Imaging for low back pain, when you need them and when you don't
- Pre-Operative Tests for Surgery, when you need them and when you don't
- Low risk prostate cancer, don't rush to get treatment





#### To improve quality

- Eliminate <u>inappropriate</u> variation (process steps)
- Adopt and adapt shared baselines and <u>document</u> continuous improvement (outcomes)









### Linking Appropriateness with Clinical Quality Improvement

Appropriateness is:

The right care provided by the right providers, to the right patient, in the right place, at the right time, resulting in optimal quality care.



## Clinical Quality improvement is an Application of the Scientific Method







#### Scientific Method

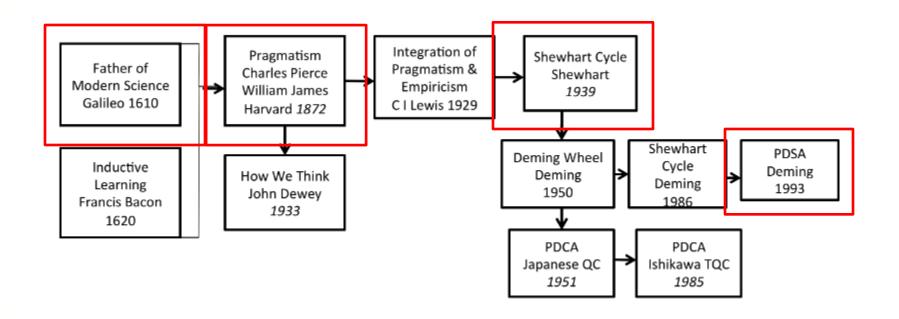
- The recognition of a problem and formulation of a hypothesis,
- The collection of data through observation and experiment
- 3. The analysis of naturally observed data
- The reformulation and modification of the hypothesis.







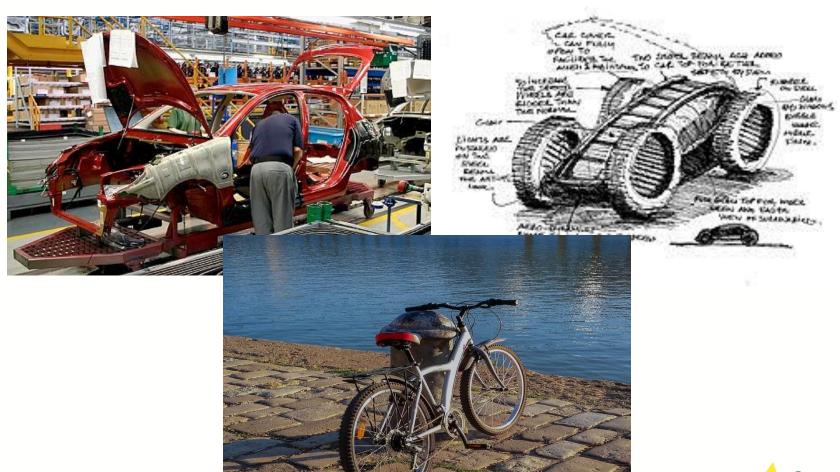
### Evolution of the Scientific Method and the PDSA Cycle







### Appropriateness (Clinical QI) and LEAN (Process Improvement)









# The Practice of Medicine and Clinical Quality Improvement

- To track the treatments they give to their patients
- And the outcomes they achieve
- Reflect on how we can do better to improve treatments and outcomes for future patients





### **Appropriateness of Care Work**



