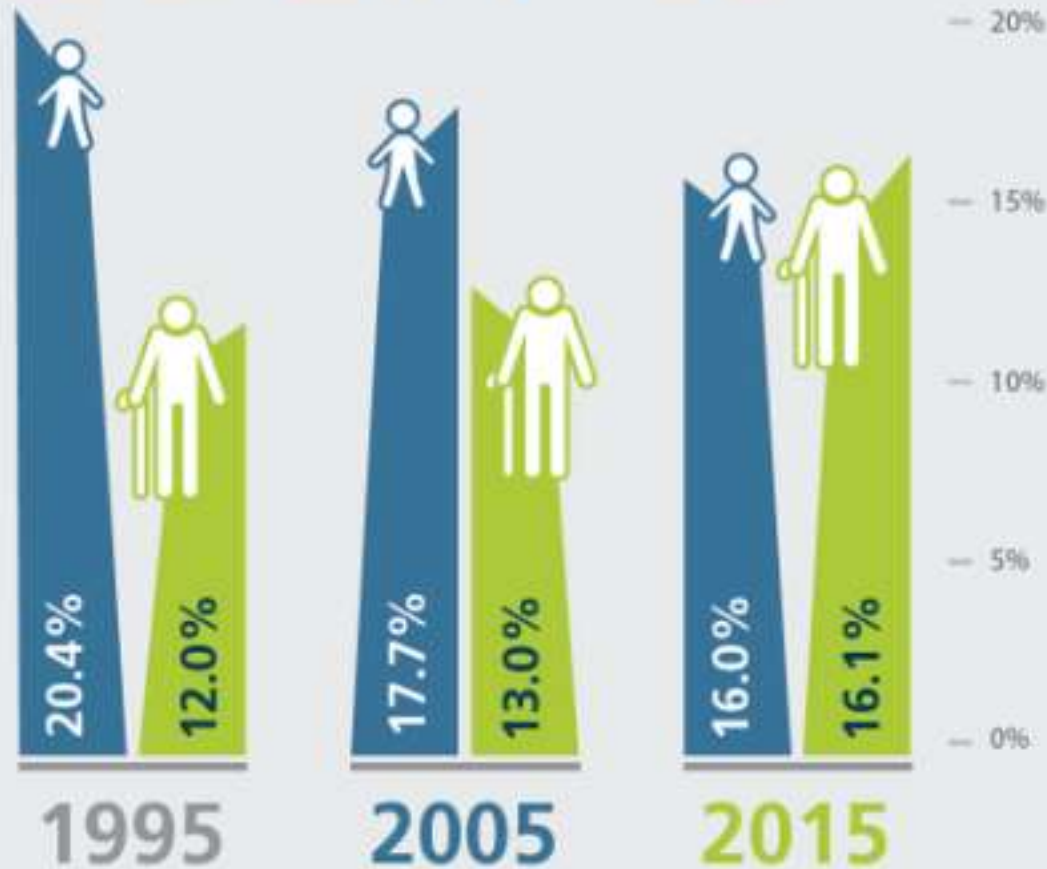


Why Canada needs a national seniors strategy

Dr. Chris Simpson
CMA Past-President
November 19, 2015

@Dr_ChrisSimpson
www.drchrissimpson.com

FOR THE FIRST TIME, THE NUMBER OF PERSONS AGED 65 YEARS AND OLDER EXCEED THE NUMBER OF CHILDREN AGED 0 TO 14 YEARS



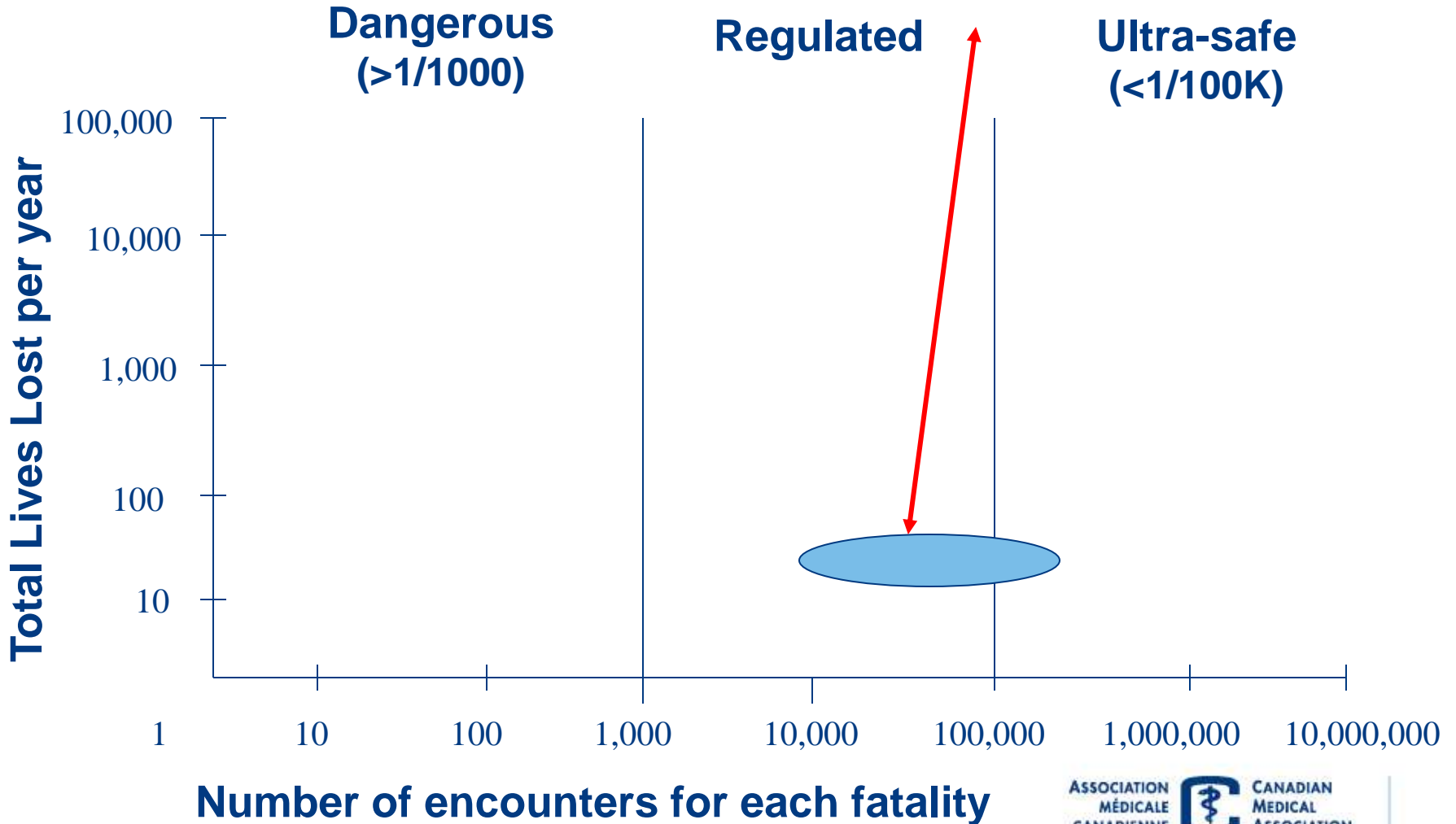
The Case of Mr. S...



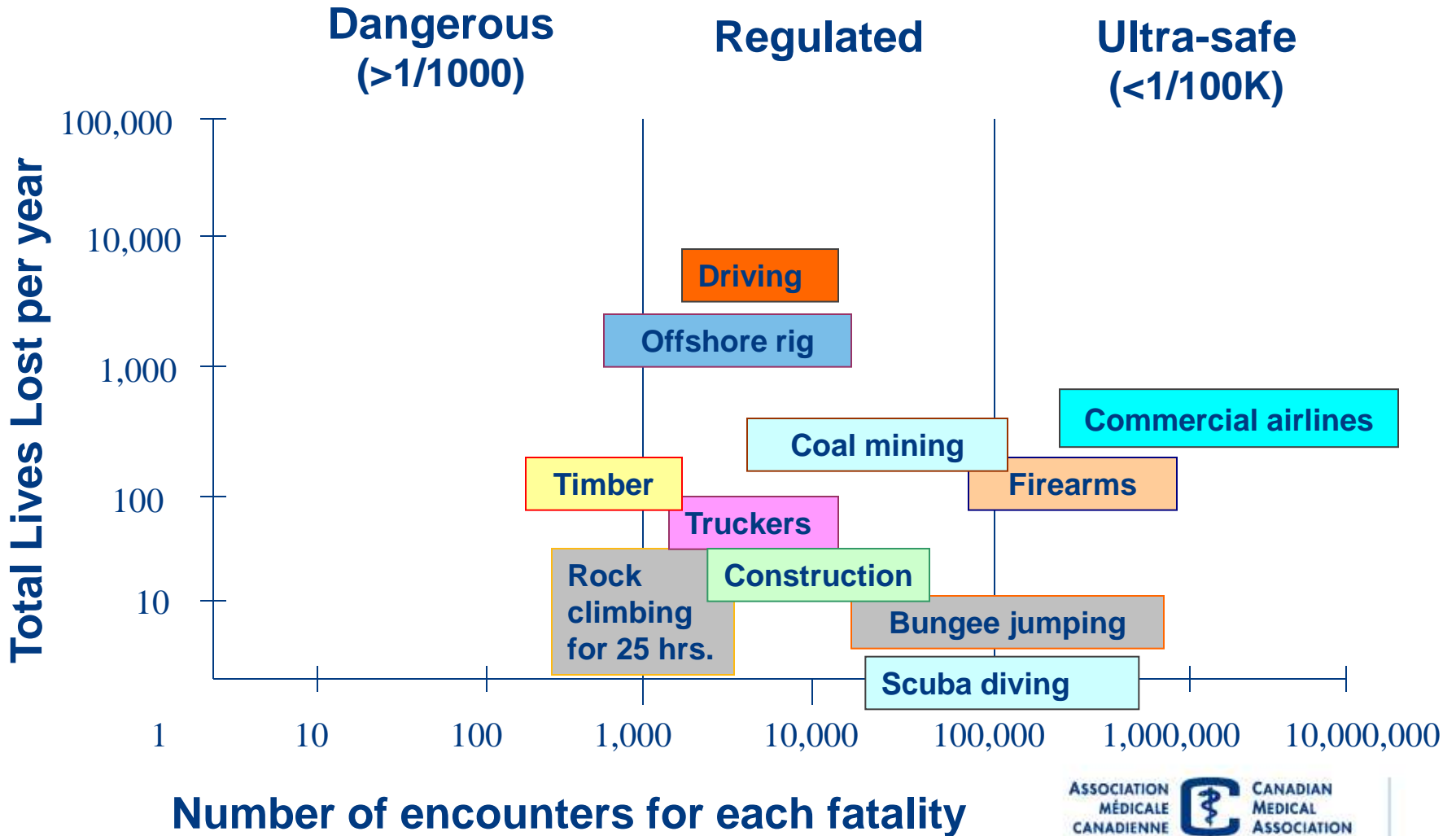


Risky activities

“Acceptable public risk”



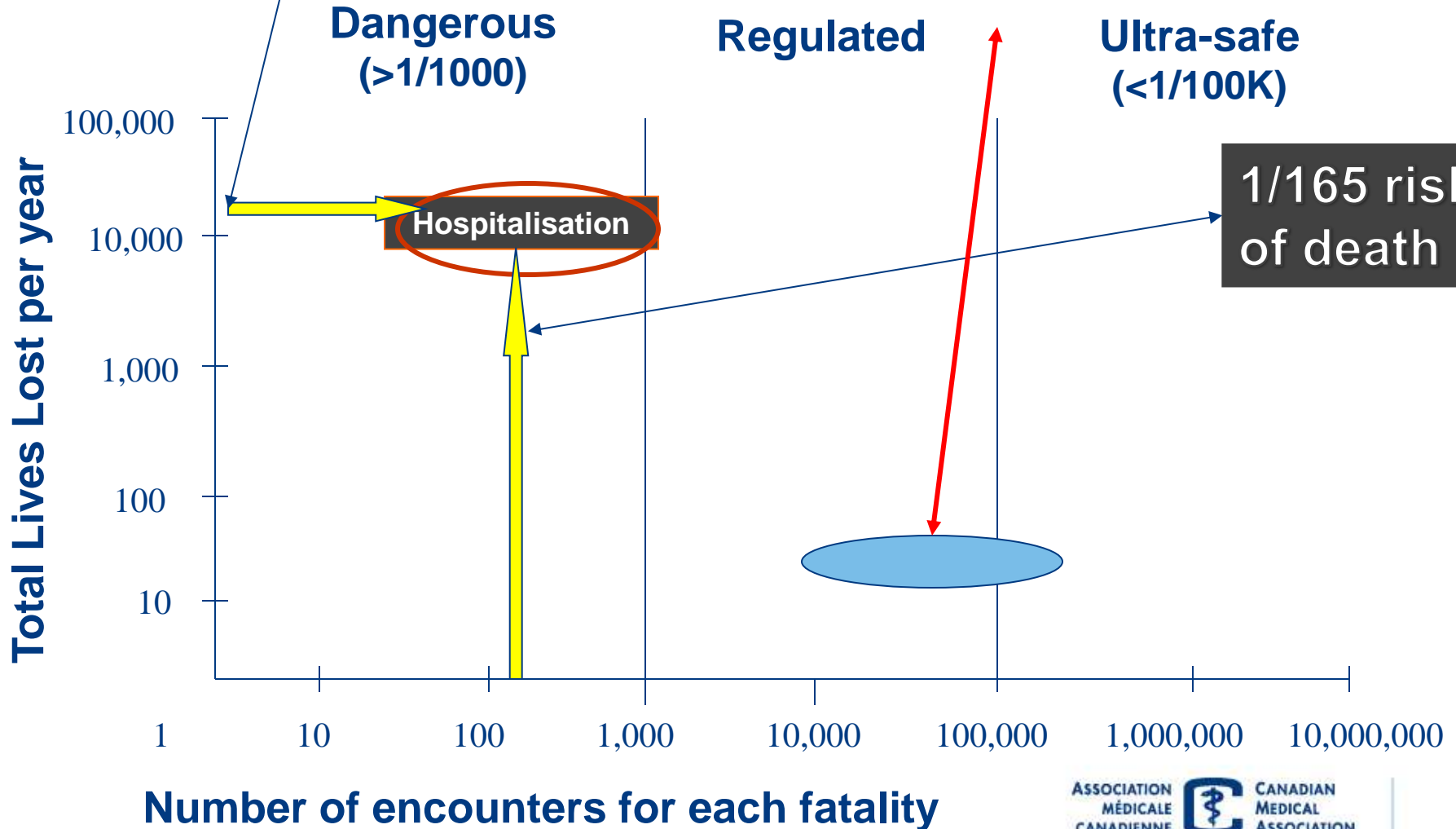
Risky activities (Canada)



Risky activities (Canada)

15,000 deaths/year

“Acceptable public risk”



Challenges with Hospital Care

- Lack of high **quality** care for patients with chronic disease.
- **Appropriateness** – 15% of acute care beds are occupied by ALC patients.
- **Patient flow and wait times** – congested hospitals mean delays for every patient, leading to increased morbidity and mortality.

Limited Support for Families & Caregivers

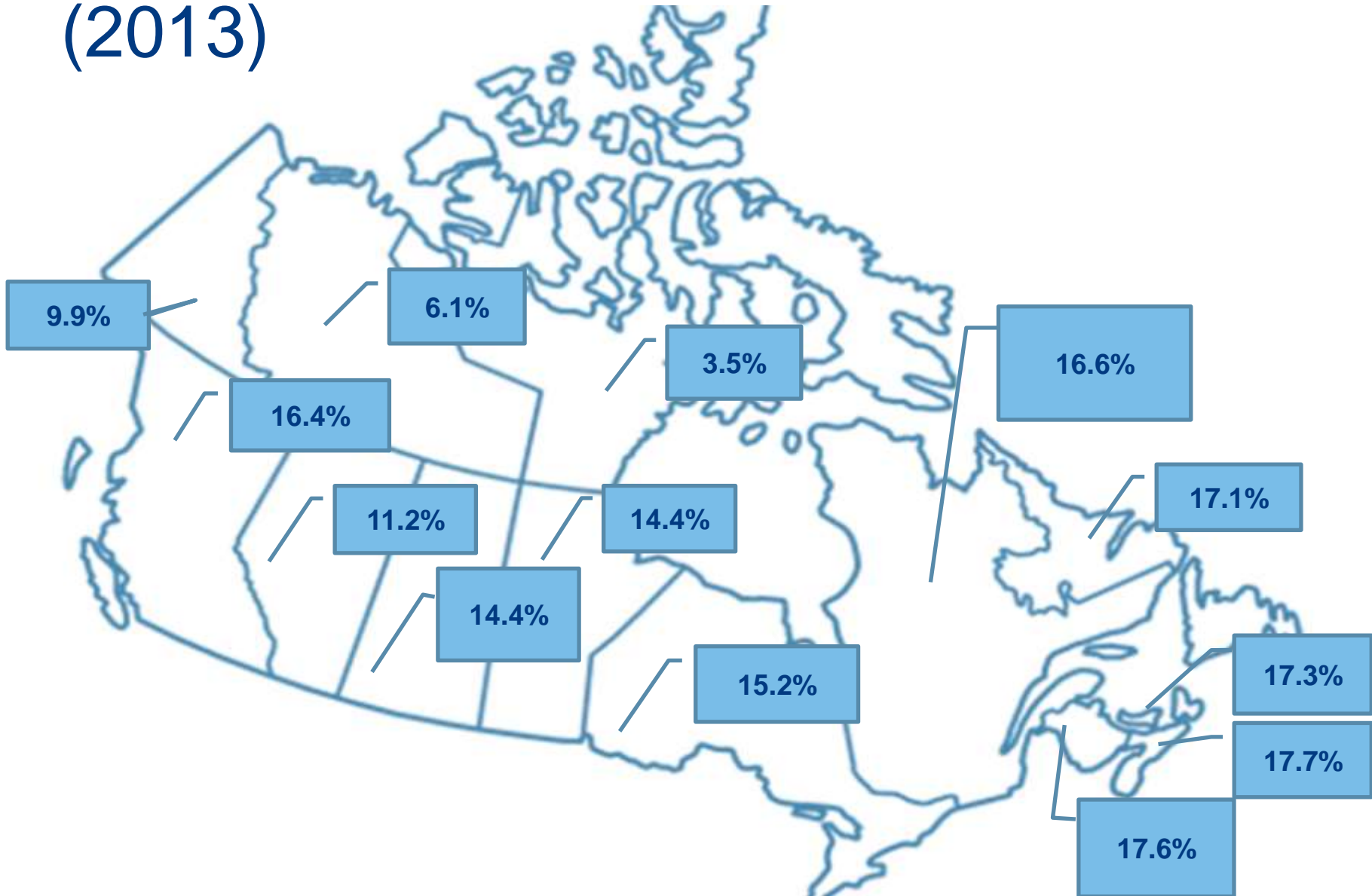
In 2007:

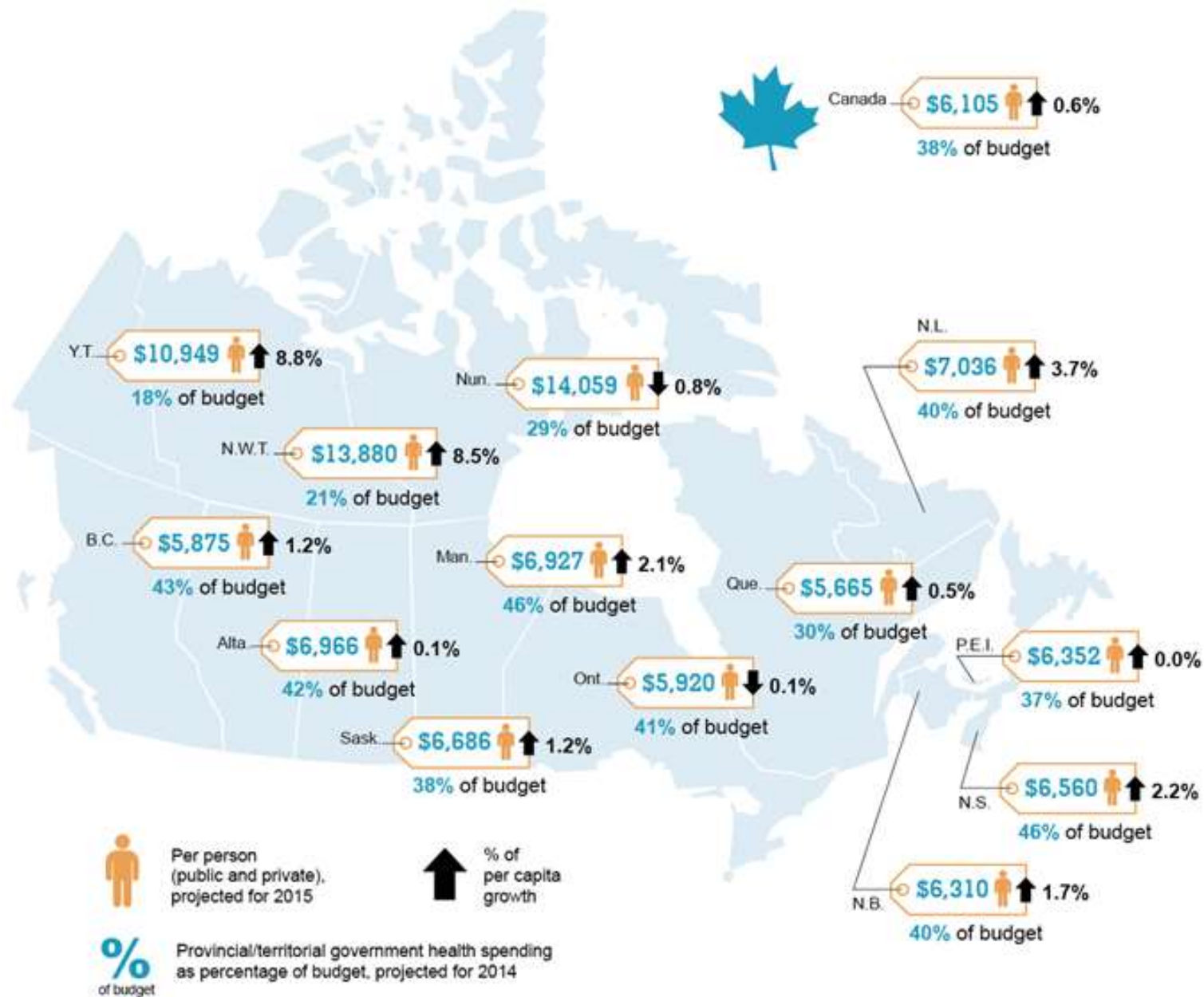
- unpaid caregivers provided about 1.5 billion hours of work;
- they cared for nearly 3.1 million people;
- over one quarter were 15 to 29 years old.

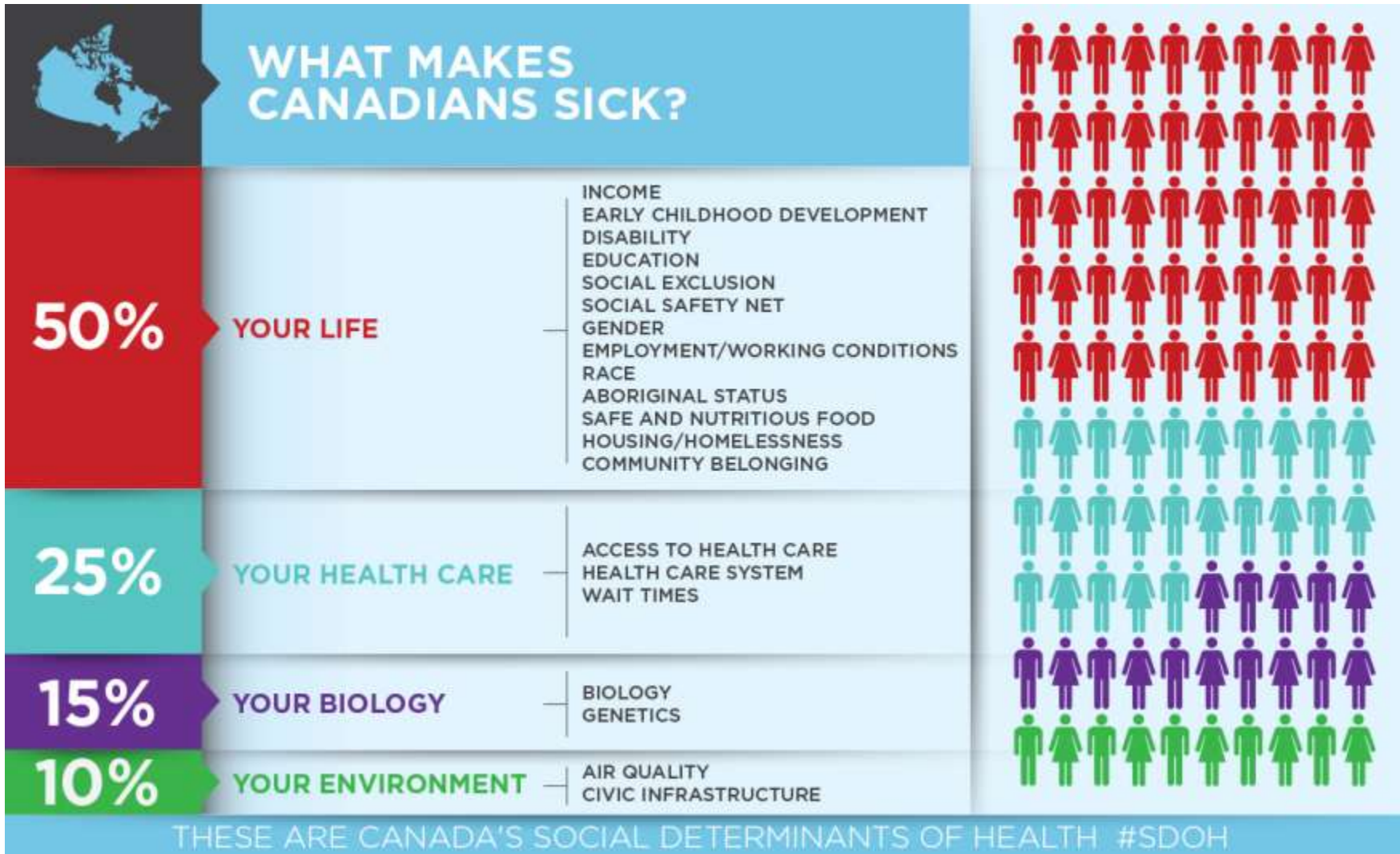
Lack of Integrated Transitional Care and Communication

- Silos and misplaced accountabilities.
- Electronic Health Records can facilitate:
 - early discharge planning;
 - appropriate prescribing;
 - transitional care planning;
 - communication.

Proportion of Seniors in Canada (2013)







HEALTH CARE CONCERNS



81% of older Canadians are concerned with the quality of health care they can expect in the future

78% of older Canadians are concerned with having access to high quality home and long-term care in their retirement years

HealthCareTransformation.ca
#seniorshealth

ASSOCIATION
MÉDICALE
CANADIENNE



CANADIAN
MEDICAL
ASSOCIATION

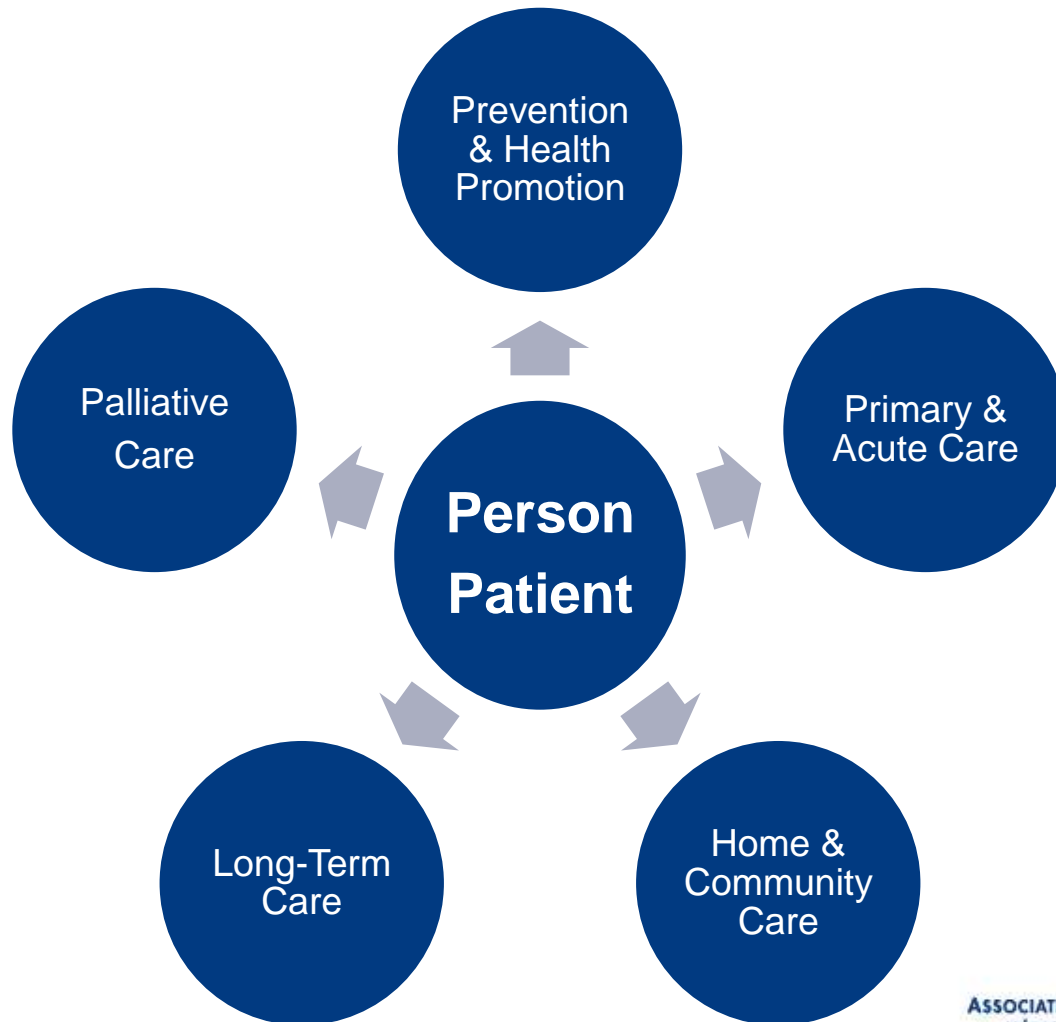


A Policy Framework to Guide a National Seniors Strategy for Canada

August 2015

- wellness and prevention;
- primary care;
- home care and community support;
- acute and specialty care;
- long-term care;
- palliative care.

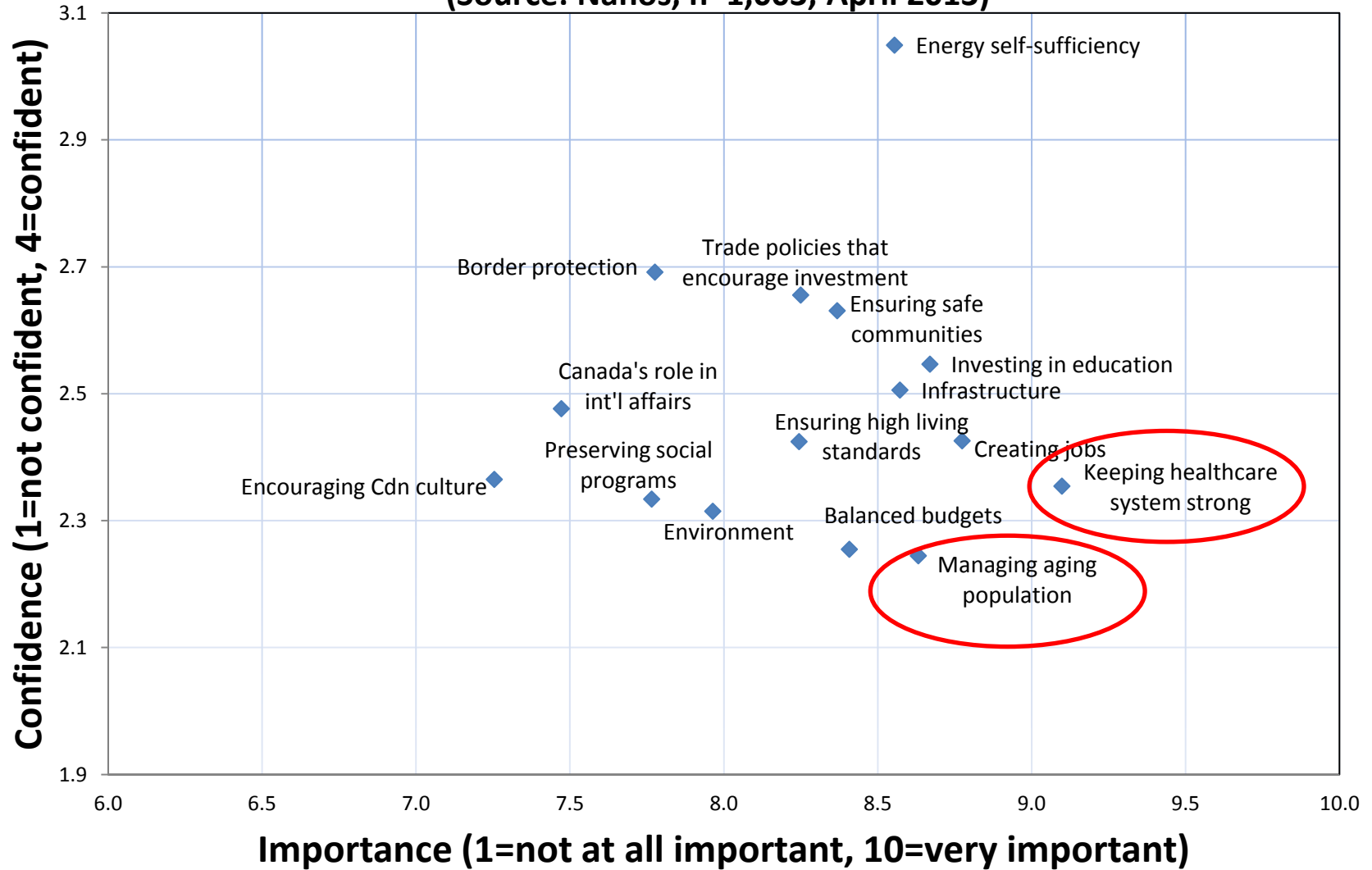
The Continuum of Care



Saskatchewan Leadership

- Collective approach to address health system reform
 - Political commitment, wide range of stakeholders
- Work of Saskatchewan Health Quality Council
- Interest in learning from other high performing health systems
- WTA report card - Reduced wait times

Canadian Confidence vs Importance Map (Source: Nanos, n=1,003, April 2013)



Political Engagement

Our goals:

- 1) Commitment by all major parties to a national seniors strategy.
- 2) A First Ministers meeting to discuss a national seniors strategy within six months of the election.
- 3) A national seniors strategy in place by 2019.



Doctors' group urging federal parties to support measures for seniors care

ELIZABETH CHURCH

The Globe and Mail

Published Monday, Sep. 21, 2015 12:01AM EDT

Last updated Monday, Sep. 21, 2015 10:04AM EDT



Dr. Chris Simpson

@Dr_ChrisSimpson

Seniors issues on the campaign trail in BC. #seniorsplan #elxn42
[http://www.vancouver.sun.com/touch/story.html?id=11382625 ...](http://www.vancouver.sun.com/touch/story.html?id=11382625)

Election debate involving seniors issues hits personal note for B.C. candidate



thestar.com
OPINION

Canada needs a national seniors strategy: Editorial

The Canadian Medical Association is right in calling for a national strategy to deal with the soaring health care needs of seniors with the coming 'grey tsunami.'

THE VANCOUVER SUN



Commitments to address:

- ▶ Wait times
- ▶ Affordable prescription drugs
- ▶ Home care
- ▶ Aging population

Dr. Jane Philpott Federal Minister of Health

- CMA member
- First physician as Health Minister since 1928



Working in Partnership



Share this page: [Print](#) [Email](#) [Facebook](#) [Twitter](#)



**DON'T
LEAVE SENIORS
OUT IN
THE COLD.**

Whether it's a lack of investments in long-term care facilities or home care, Canada's seniors are not getting the care they deserve – not even close. What's going to happen in the next 15 years if we don't have a plan? We need a national strategy for seniors – right now.

DemandAPlan.ca

ASSOCIATION
MÉDICALE
CANADIENNE



CANADIAN
MEDICAL
ASSOCIATION

www.DemandAPlan.ca

- ▶ Over **28,000** Canadians added their voice to CMA's campaign

ASSOCIATION
MÉDICALE
CANADIENNE



CANADIAN
MEDICAL
ASSOCIATION



Demand a Plan



cma.ca | amc.ca